



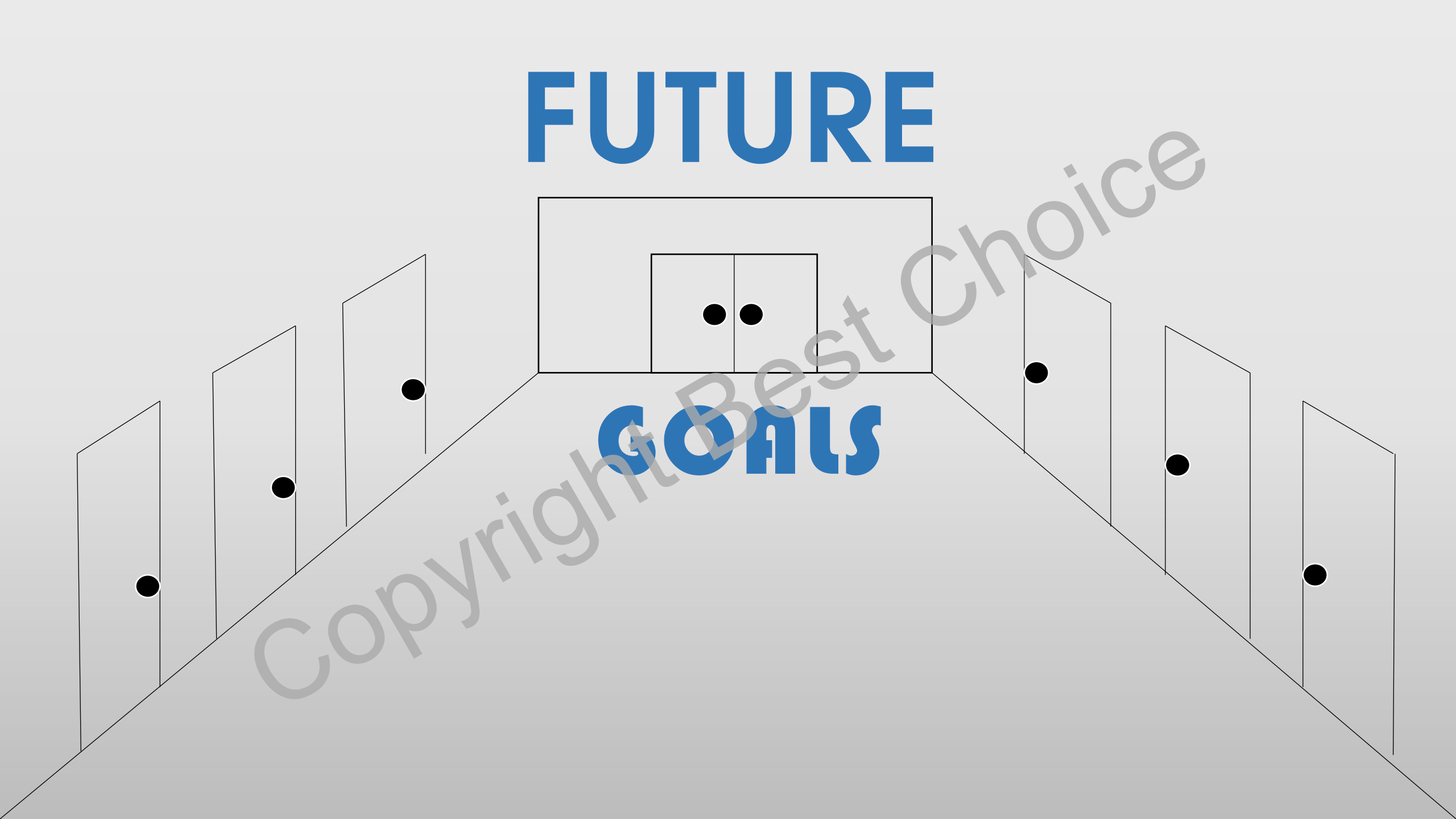


SEXUAL ABSTINENCE

Waiting to engage in sexual activity until marriage (a long-term, committed, monogamous, relationship).

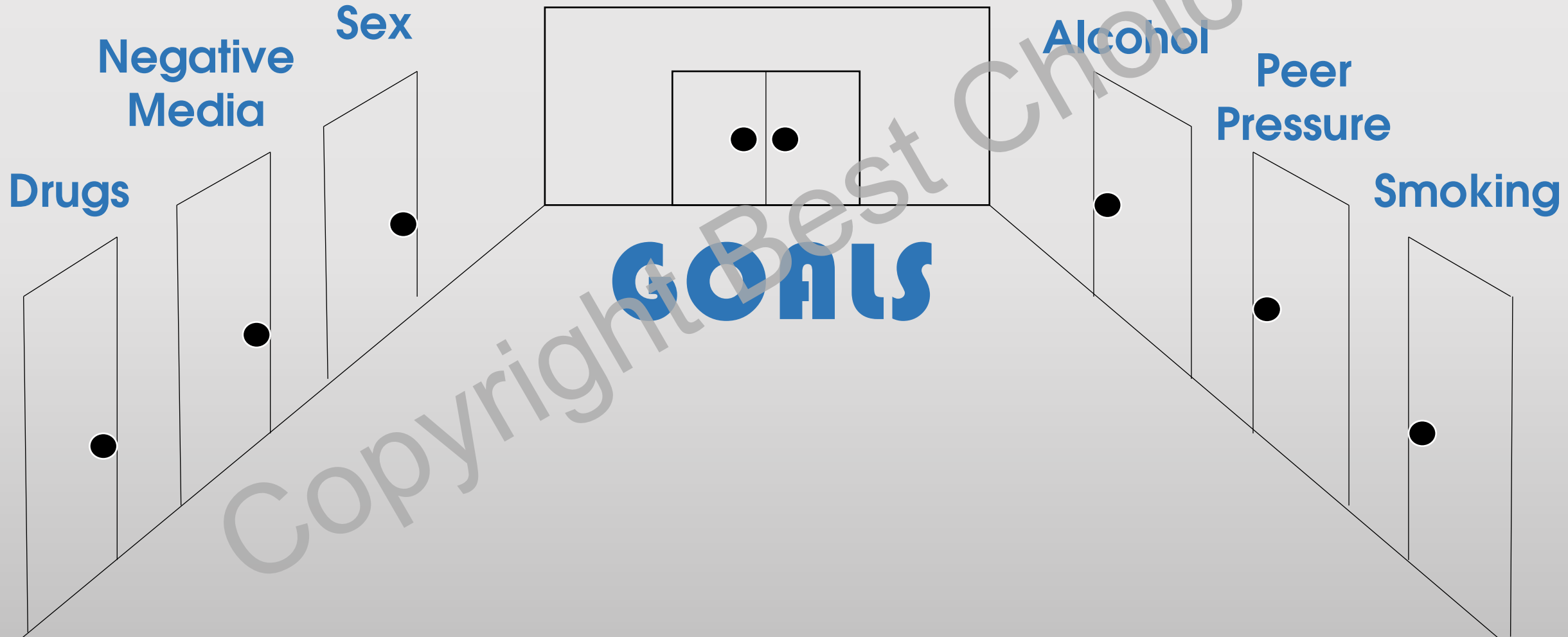
FUTURE

GOALS



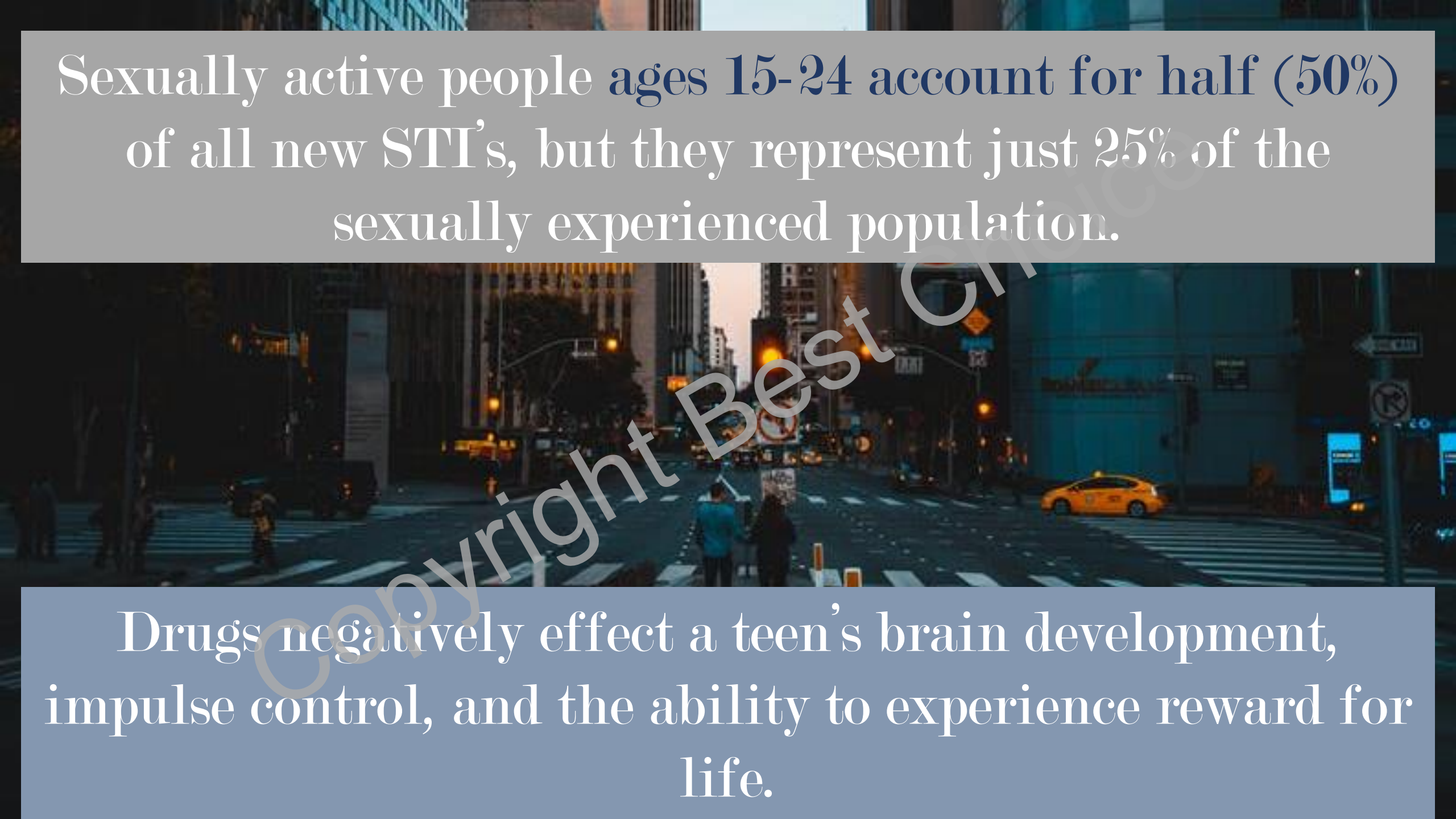
FUTURE

GOALS





Sexually active people ages 15-24 account for half (50%) of all new STI's, but they represent just 25% of the sexually experienced population.

A nighttime city street scene, likely in New York City, featuring a yellow taxi and pedestrians crossing a street with crosswalks. The background shows city buildings and streetlights.

Drugs negatively effect a teen's brain development, impulse control, and the ability to experience reward for life.

People who begin drinking alcohol before the age of 15 are four times more likely to become alcohol dependent than those who wait until they are 21.

A nighttime city street scene, likely in New York City, featuring a yellow taxi and pedestrians crossing a street with crosswalks. The scene is illuminated by streetlights and building lights, creating a vibrant urban atmosphere.

Tobacco kills more people worldwide than HIV, TB, and Malaria combined.

the whole person

- Social
- Physical
- Intellectual
- Emotional
- Spiritual







What are relationships like
today?

GOOD FRIENDS



The image features two hands, one appearing stronger and more supported than the other, clasped together in a firm grip. The hands are silhouetted against a soft, warm background of a sunset or sunrise, with colors ranging from deep orange at the bottom to a pale lavender at the top. The overall mood is one of support, strength, and partnership.

healthy vs. unhealthy

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Healthy

Mutual respect- Each person values the other individual, understands each other, and would never challenge the other person's boundaries.

Fairness and Equality- Take turns with the things you both like; not fighting to get your own way all the time.

Separate Identities- Not losing yourself; staying true to your family, dreams, and goals.

Unhealthy

Partner Pressure- Does my partner pressure me to go further sexually than I want to?

Criticism- Does my partner criticize the way I look or dress, and say I'll never be able to find anyone else who would date me?

Controlling- Does my partner keep me from seeing my friends, talking to other guys or girls, or want me to quit an activity even though I love it?



Sex

Marriage
LTCMR

Commitment

Dating

Trust

Respect

Friendship & Shared Values

REFUSAL SKILLS

a set of skills designed to help individuals avoid participating in high risk behaviors.



- 'No Thank You'
- The 'Broken Record' Response
- Provide a Reason Why You Said "No"
- Walk Away or Ignore The Offer
- Change The Subject Or Suggest An Alternative



What Would You Say...

If your partner was
asking you to go past
your boundaries?



What Would You Say...

If someone asked you to
do something you
weren't comfortable
doing?



What Would You Say...

If someone asked you to
do drugs?



What Would You Say...

If a stranger on the internet asks for your personal information?



What Would You Say...

If someone asked you to
send an inappropriate
picture of yourself?



Is This Normal?



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Sexual Activity

Any bodily contact meant to give or receive any sexual pleasure.

Viral

HIV/AIDS

HPV

Herpes

Hepatitis
B+C

Bacterial

Chlamydia

Gonorrhea

Syphilis

Parasitic

Trichomoniasis



WHAT DOES MEDIA SAY ABOUT SEX & RELATIONSHIPS?



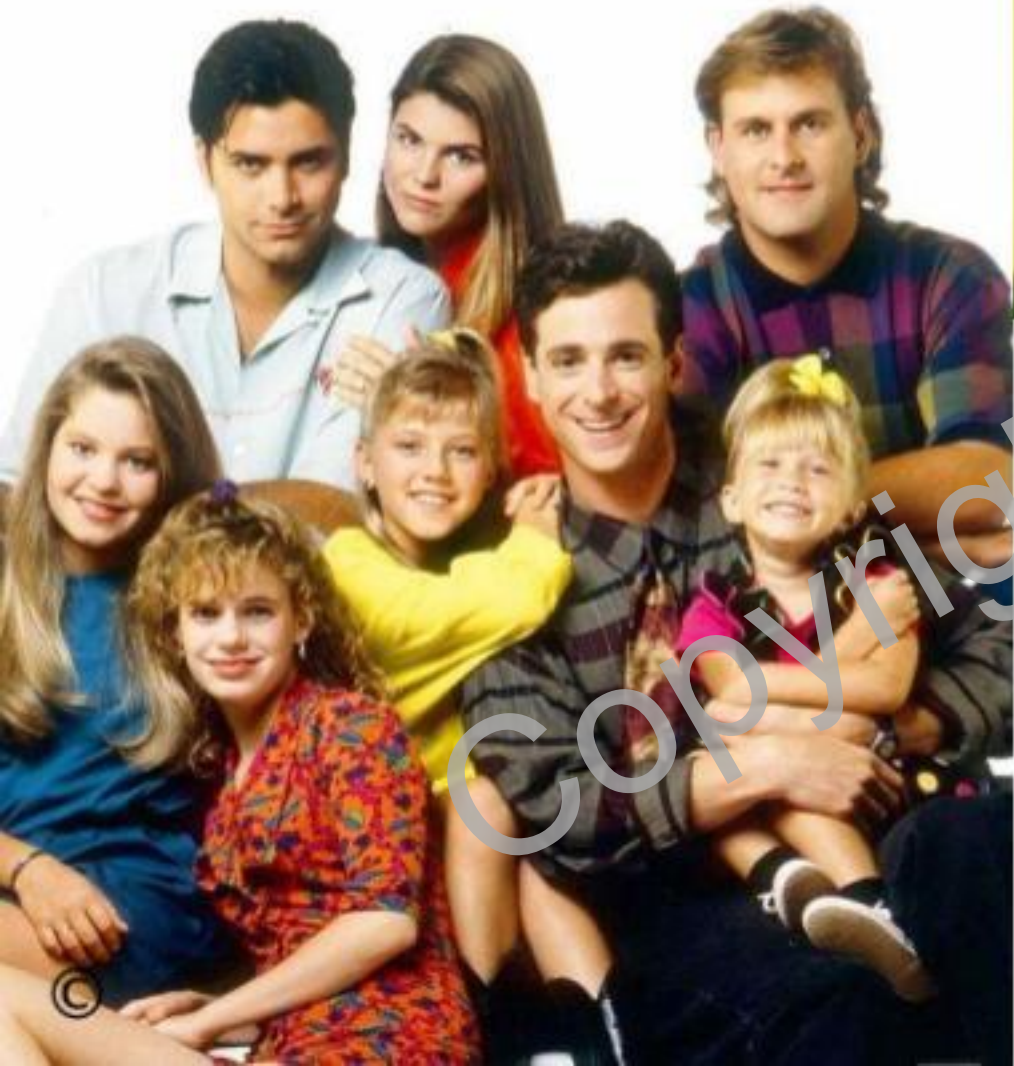




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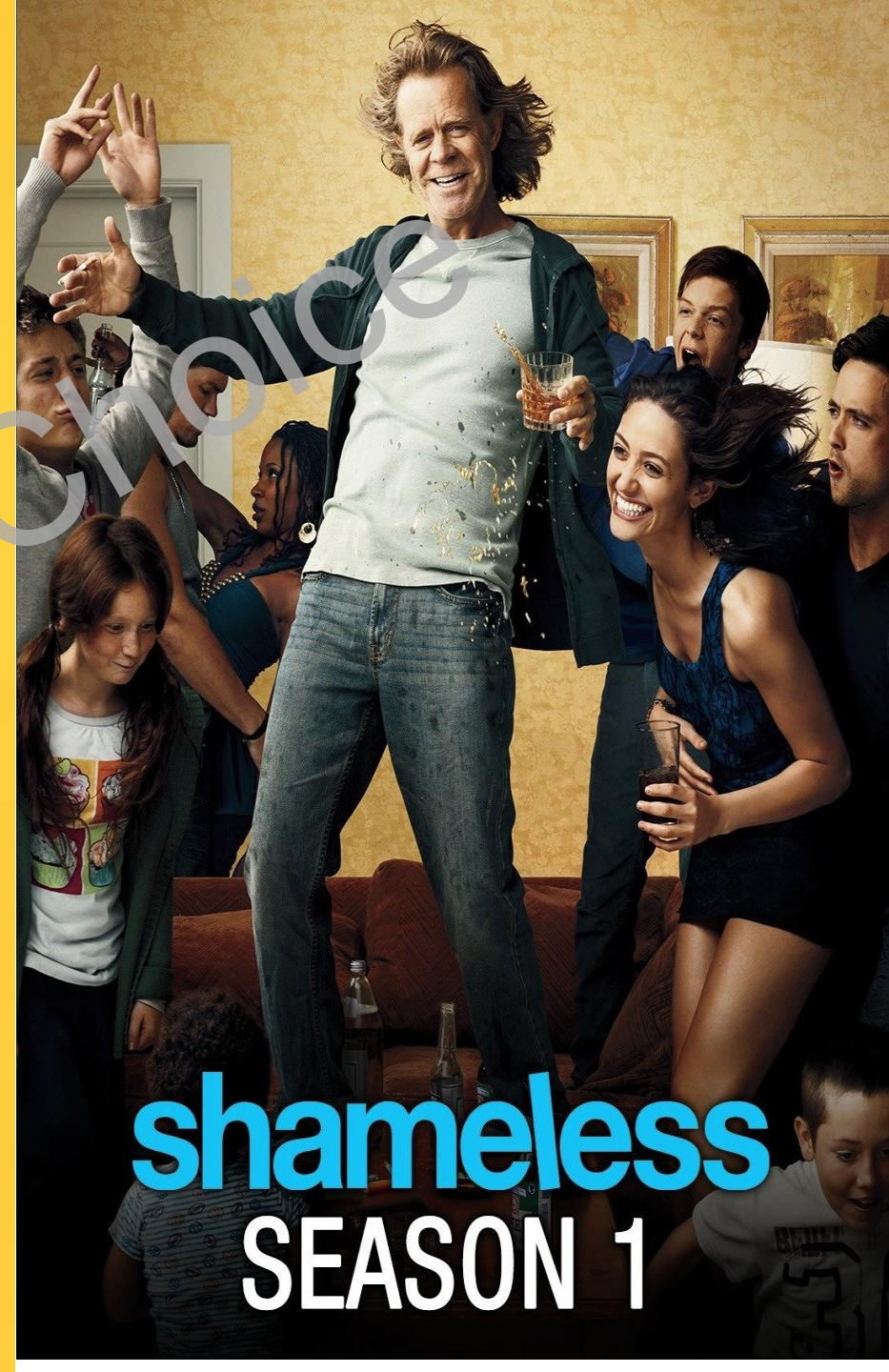
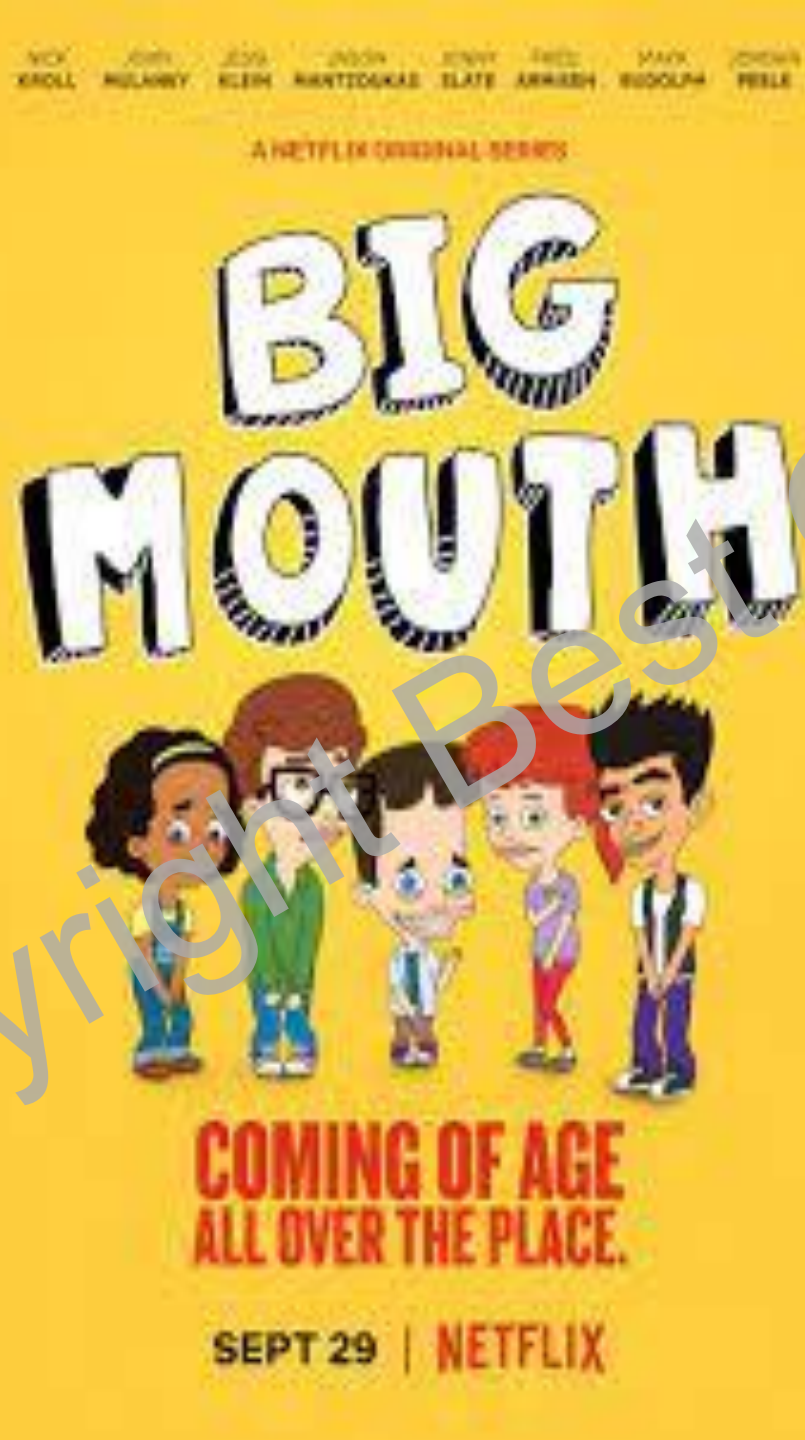
I Love Lucy

Full House



FAMILY MATTERS







INTERNET SAFETY TIPS

1. Think about what you say and share on the internet.
2. Block people that send inappropriate messages.
3. Beware of strangers. It is easy to lie about your identity online.
4. Keep your personal information private.
5. Don't open unknown links or attachments.
6. Report ANY situation, abuse, or activity to an adult you © trust.

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SEXTING

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Sex Trafficking

modern-day slavery that involves the use of force, fraud, or coercion to obtain some type of commercial sex act.

Avoiding Dangerous Situations

- **Don't ignore red flags**
- **Be accountable**
- **Protect your identity on social networks**
- **Meet others and new friends in public places**
- **Be aware of your surroundings: stores, movie theaters, clubs, parking lots, etc.**

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BOUNDARIES



CONSENT

for
KIDS

Stronger
Boundaries



Fewer
Regrets



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