

©

Copyright BestChoice





Copyright Best Choice

DATING *differences*

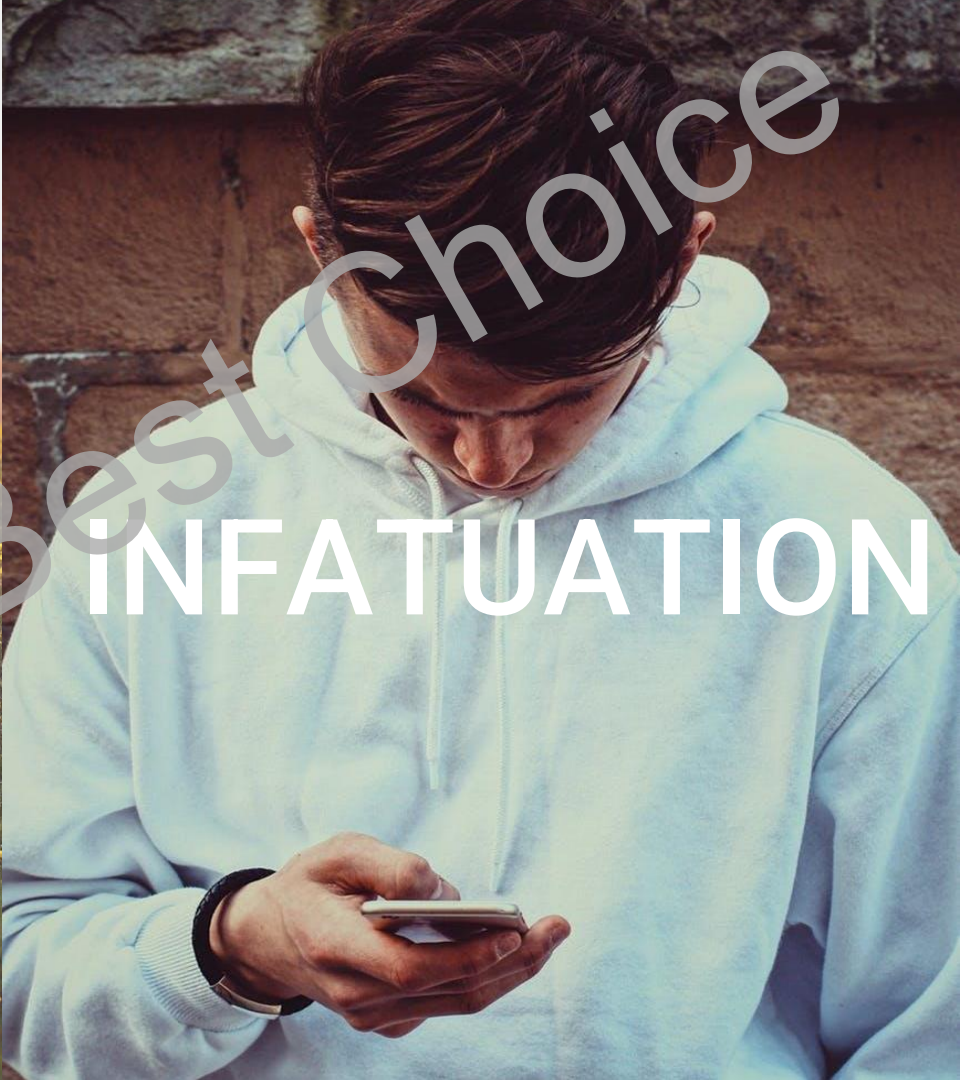
©



Copyright Best Choice

is love just a feeling?

LOVE



INFATUATION

Copyright Best Choice



in·fat·u·a·tion

noun

An intense but short-lived passion or admiration for someone or something
(Oxford Dictionary)



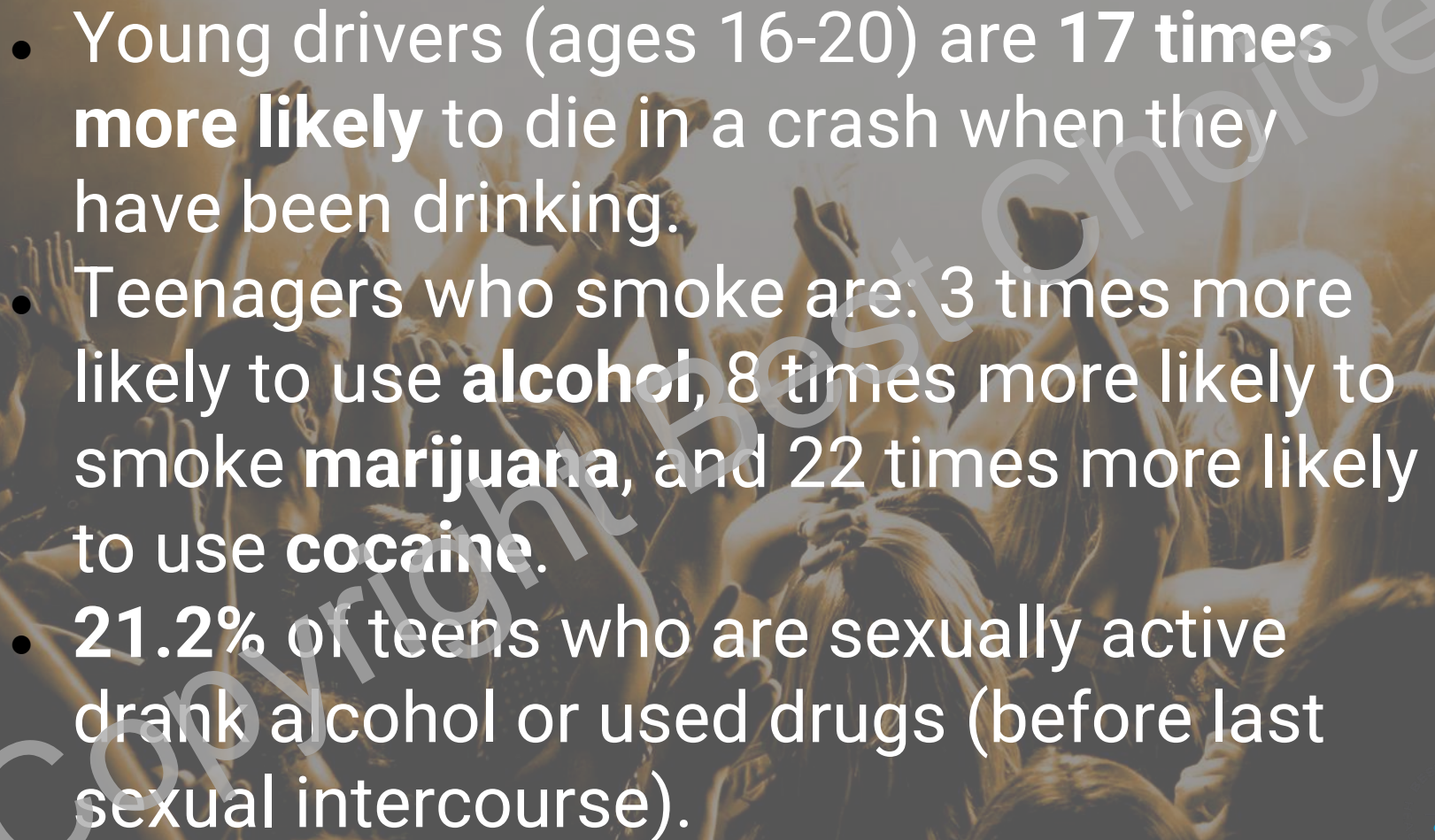
am I just
infatuated?

©



What love is:

- ★ **Strong affection** for one another arising out of kinship or personal ties
- ★ Affection based on **admiration, benevolence** (an act of kindness), **or common interests**
- ★ **Unselfish, benevolent concern** for the good of another (*Merriam-Webster*)

- 
- Young drivers (ages 16-20) are **17 times more likely** to die in a crash when they have been drinking.
 - Teenagers who smoke are: 3 times more likely to use **alcohol**, 8 times more likely to smoke **marijuana**, and 22 times more likely to use **cocaine**.
 - **21.2%** of teens who are sexually active drank alcohol or used drugs (before last sexual intercourse).

the whole person

A person with long hair, seen from behind, is sitting on a large, dark rock. They are looking out over a vast landscape that includes a city, a large body of water, and distant mountains under a bright, hazy sky. The scene is bathed in the warm light of a low sun, creating a silhouette effect on the person and the rock.

→ Social

→ Physical

→ Intellectual

→ Emotional

→ Spiritual

BOUNDARIES



©

Copyright BestChoice



Sexual Activity

Any bodily contact meant to give or receive any sexual pleasure.

Viral

HIV/AIDS

HPV

Herpes

Hepatitis
B+C

Bacterial

Chlamydia

Gonorrhoea

Syphilis

Parasitic

Trichomoniasis

THE
STATE OF STDs
IN THE
UNITED STATES,
2019

STDs increased for the
6th year, reaching a
new all-time high



1.8 million
CASES OF CHLAMYDIA
19% increase since 2015



616,392
CASES OF GONORRHEA
56% increase since 2015



129,813
CASES OF SYPHILIS
74% increase since 2015



1,870
CASES OF SYPHILIS
AMONG NEWBORNS
279% increase since 2015

LEARN MORE AT: www.cdc.gov/std/

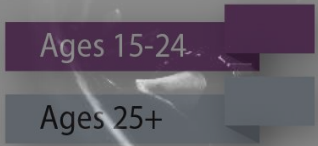
Every year, there are an estimated

20 MILLION

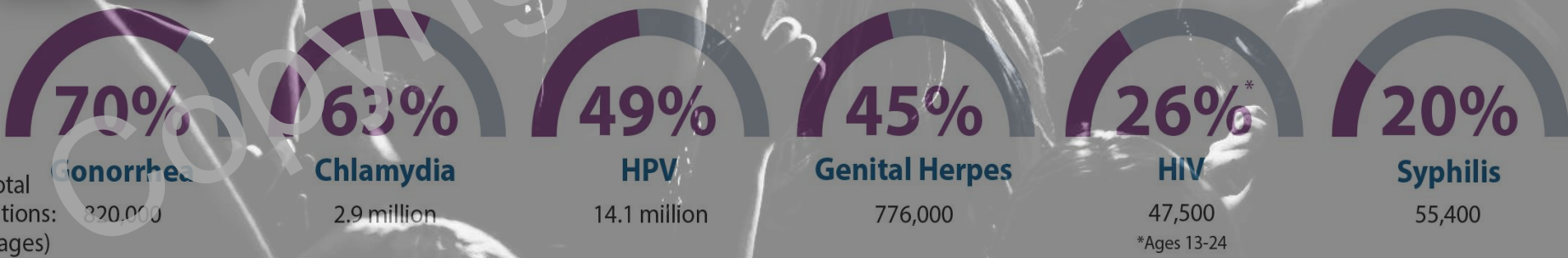
new STD infections in the United States[?]

Anyone who is sexually active can get an STD.

Sexually active people ages 15-24 account for half (50%) of all new STIs, but they represent just 25% of the sexually experienced population.



Young people account for a substantial proportion of new STIs





THE LOWDOWN ON HOW TO PREVENT SEXUALLY TRANSMITTED DISEASES

Copyright Best Choice





Practice Abstinence

The surest way to avoid STDs is to not have sex.



This means not having vaginal, oral, or anal sex.

Have Fewer Partners

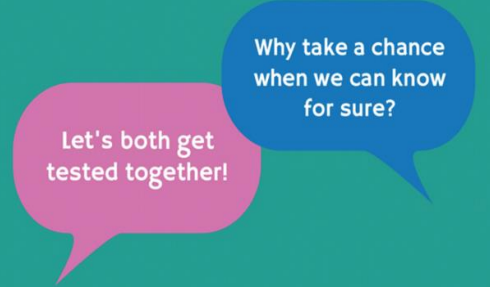
Agree to only have sex with one person who agrees to only have sex with you.



Make sure you both get tested to know for sure that neither of you has an STD. This is one of the most reliable ways to avoid STDs.

Talk With Your Partner

Talk with your sex partner(s) about STDs and staying safe before having sex.



It might be uncomfortable to start the conversation, but protecting your health is your responsibility.

Common Symptoms

Odd odors, colors, textures, pain during intercourse or urination, odd discharges, blisters, warts, lesions, sores, rashes, flu-like symptoms or internal organ damage

Common treatments

Antibiotics, antiviral medication,
laser, or cryosurgery

Chlamydia – Rates of Reported Cases by Age and Sex, United States, 2019

Male Rate*

Age Group

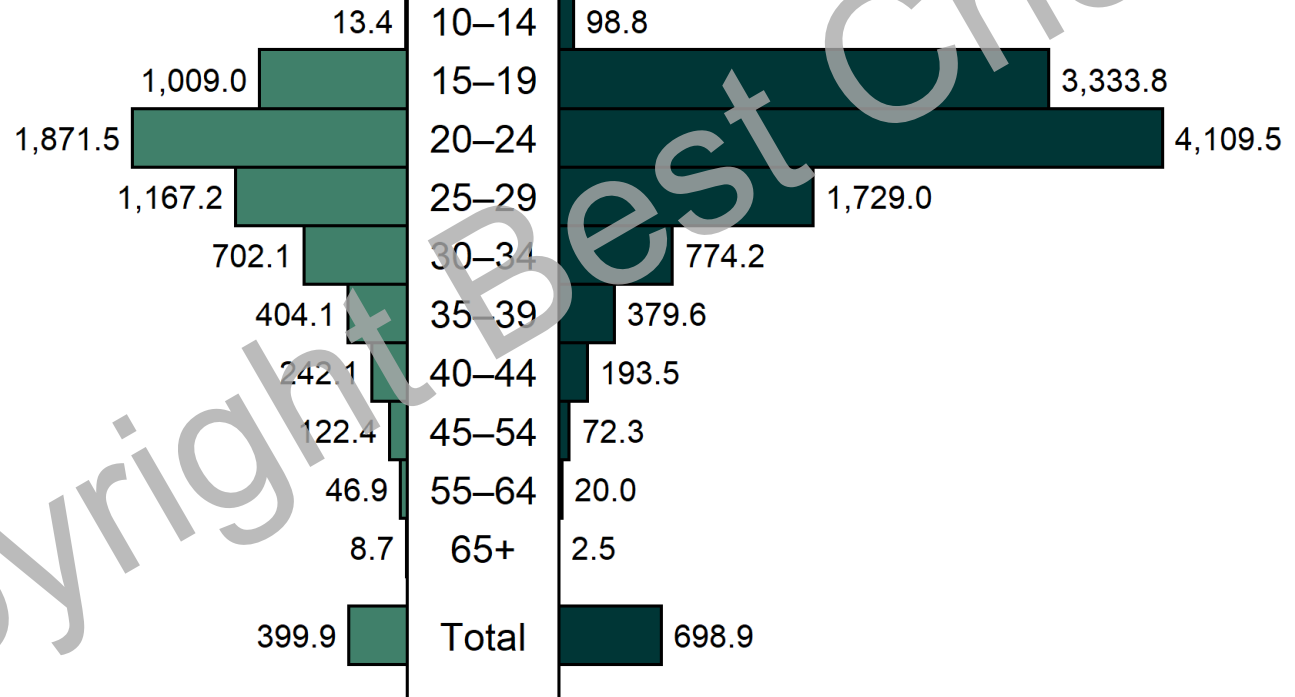
Female Rate*

4,200

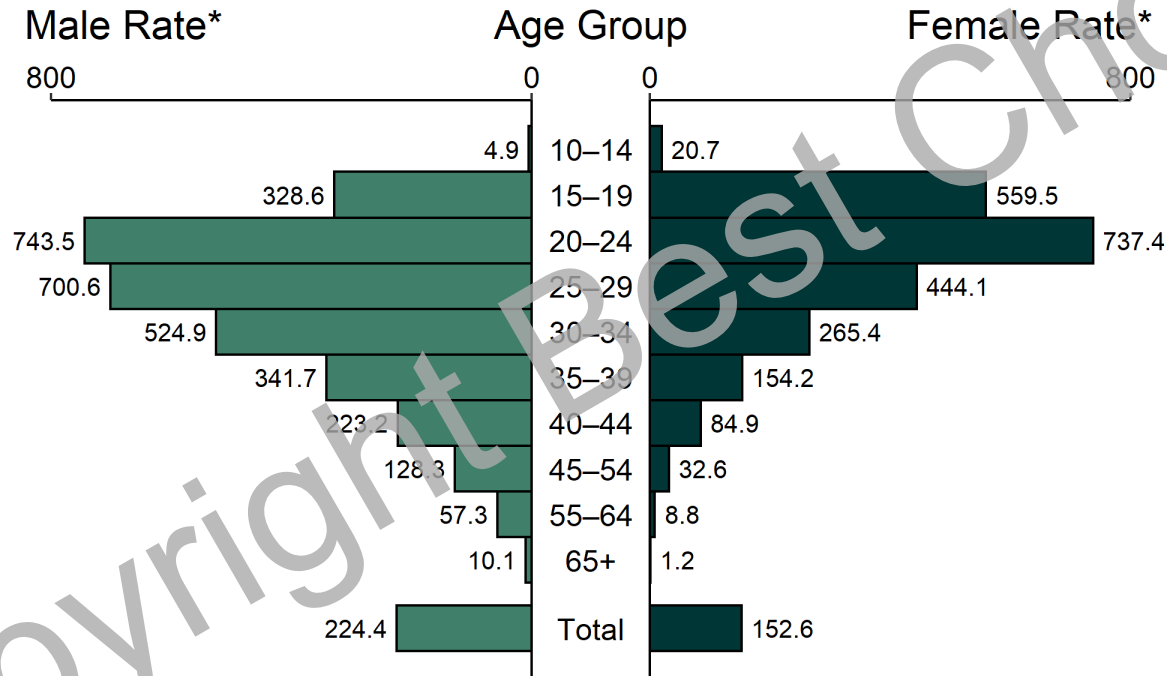
0

0

4,200



Gonorrhea — Rates of Reported Cases by Age Group and Sex, United States, 2019

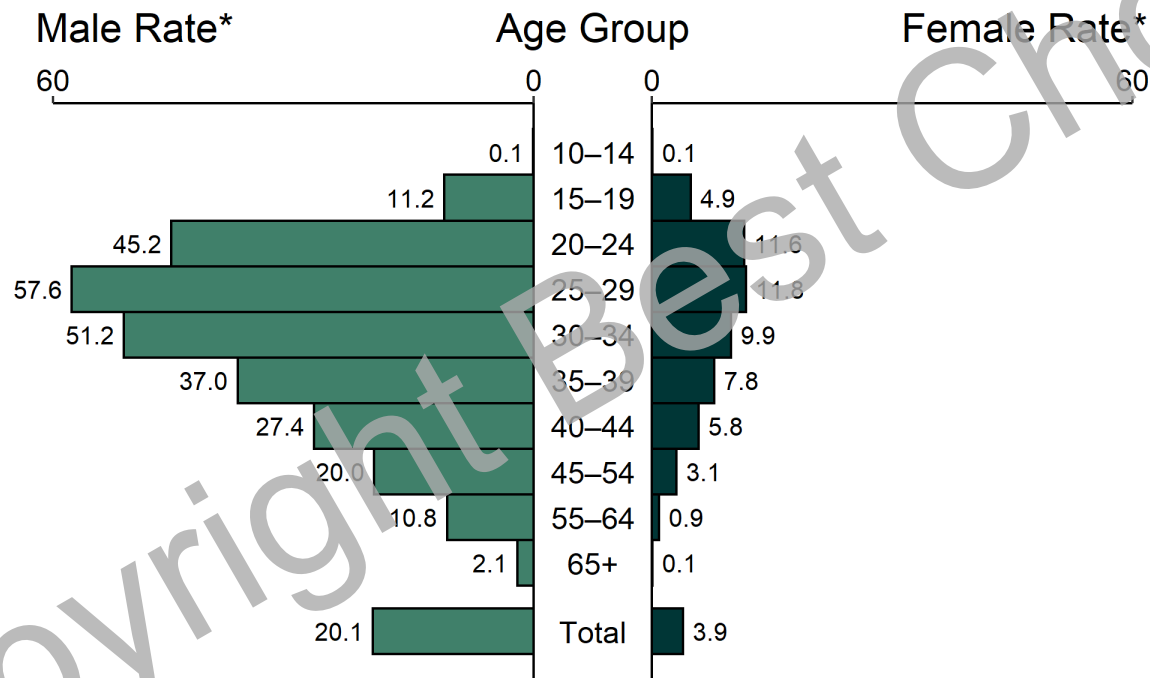


* Per 100,000

NOTE: Total includes all ages.



Primary and Secondary Syphilis — Rates of Reported Cases by Age Group and Sex, United States, 2019



* Per 100,000

NOTE: Total includes all ages.



Copyright Best Choice





©

BEST CHOICESM
HEALTHY/SAFE/STRONG
B C
96
A heart icon is positioned between the letters B and C.



A close-up photograph of a person's hand holding a single, clear, square condom. The hand is positioned in the upper left quadrant, with the thumb and index finger gripping the top edge of the condom. A silver ring is visible on the ring finger. The background is a solid, bright yellow. The text 'ARE YOU SAFE?' is overlaid in the center in a bold, white, sans-serif font with a blue drop shadow. A large, semi-transparent watermark 'Copyright Best Choice' is diagonally oriented across the image from the bottom left to the top right.

ARE YOU SAFE?

Copyright Best Choice

ABSTINENCE

100% protection against STDs and unplanned pregnancies

HOW MANY



YOU'RE EXPOSED TO

HOW MANY PEOPLE HAVE YOU REALLY BEEN EXPOSED TO?

1
SEXUAL
PARTNER



1
PERSON

2
SEXUAL
PARTNERS



3
PEOPLE

3
SEXUAL
PARTNERS



7
PEOPLE

4
SEXUAL
PARTNERS



15
PEOPLE

5
SEXUAL
PARTNERS



31
PEOPLE

6
SEXUAL
PARTNERS



63
PEOPLE

7
SEXUAL
PARTNERS



127
PEOPLE

8
SEXUAL
PARTNERS



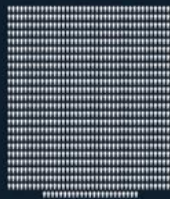
255
PEOPLE

9
SEXUAL
PARTNERS



511
PEOPLE

10
SEXUAL
PARTNERS



1,023
PEOPLE

(if every person has the same number of partners as you)

TESTING



Copyright Best Choice





Only about 50% of teen mothers receive a high school diploma by 22 years of age, versus approximately 90% of women who had not given birth during adolescence.

THE CONVERSATION



A close-up photograph of a person wearing a dark blue and white plaid shirt. Their hands are placed over their chest area, with fingers slightly spread. The person is wearing a black watch on their left wrist and a silver bracelet on their right wrist. The background is a plain, light-colored wall.

Why do some teens
choose to have sex?

WHAT DOES MEDIA SAY ABOUT SEX & RELATIONSHIPS?



©

BEST CHOICE SHOW
CBC
HEAVEN 96
CHICAGO MUSICALS.COM
SLAM

©

Copyright BestChoice



SEXTING

Copyright Best Choice

A close-up photograph of a person's hands holding a smartphone. The person is looking down at the screen. The background is blurred, showing warm, yellowish light sources, possibly from a restaurant or bar. The overall tone is intimate and focused on the act of using a mobile device.

Sex Trafficking

modern-day slavery that involves the use of force, fraud, or coercion to obtain some type of commercial sex act.

Sex Trafficking Methods

- Threats
- Kidnapping
- Social Media
- “Boyfriending” or “Girlfriending”
- Blind Date
- Drugging at social events
- Target vulnerabilities
- Too good to be true
- Offer a place to live

Avoiding Dangerous Situations

- **Don't ignore red flags**
- **Be accountable**
- **Protect your identity on social networks**
- **Meet others and new friends in public places**
- **Be aware of your surroundings: stores, movie theaters, clubs, parking lots, etc.**



INTERNET SAFETY TIPS

1. Think about what you say and share on the internet.
2. Block people that send inappropriate messages.
3. Beware of strangers. It is easy to lie about your identity online.
4. Keep your personal information private.
5. Don't open unknown links or attachments.
6. Report ANY situation, abuse, or activity to an adult you trust.

self-respect, self-value,
& self-worth.

all start with self.

Copyright Best Choice

Set boundaries for yourself before you begin dating
Communicate those boundaries with your partner

Respect each other's boundaries

CONSENT



Copyright Best Choice

Stronger
Boundaries

Fewer
Regrets



©

Copyright Best Choice





Copyright Best Choice

