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# RELATIONSHIPS

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WHAT ARE YOU LOOKING FOR?

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# WHAT ARE YOU LOOKING FOR?

Romance

Selfies

Someone you  
can trust

Someone who makes  
you laugh

A partner

Companionship

Commitment

Someone to vent to

Shared Values

**SEX**

©





Love

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**Sex**

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is love just a feeling?

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**LOVE**



**INFATUATION**





# in·fat·u·a·tion

*noun*

An intense but short-lived passion or admiration for someone or something  
*(Oxford Dictionary)*



am I just  
infratuated?



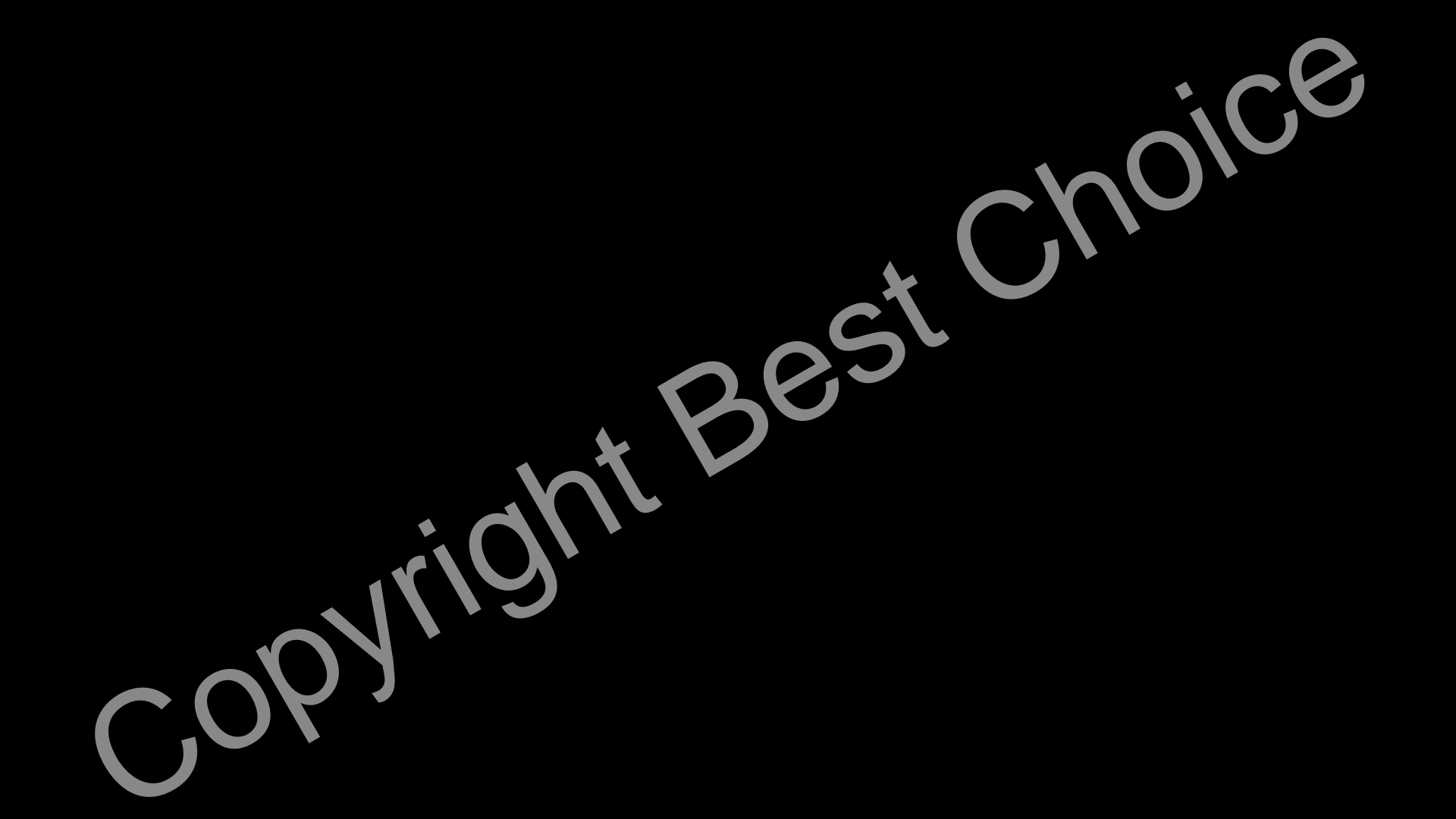
# What love is:

- ★ **Strong affection** for one another arising out of kinship or personal ties
- ★ Affection based on **admiration, benevolence** (an act of kindness), **or common interests**
- ★ **Unselfish**, benevolent concern for the good of another (*Merriam-Webster*)



**how can you  
express love?**





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# BOUNDARIES





# Drawing the Line



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FACT

OR

MYTH

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# Sexual Activity

Any bodily contact meant to give or receive any sexual pleasure.



# Viral

HIV/AIDS

HPV

Herpes

Hepatitis  
B+C

# Bacterial

Chlamydia

Gonorrhoea

Syphilis

# Parasitic

Trichomoniasis

THE  
**STATE OF STDs**  
IN THE  
**UNITED STATES,**  
2020

**STDs remain far too high,  
even in the face of a  
pandemic.**

Note. These data reflect the effect of COVID-19 on  
STD surveillance trends.



**1.6 million**  
CASES OF CHLAMYDIA  
1.2% decrease since 2016



**677,769**  
CASES OF GONORRHEA  
45% increase since 2016



**133,945**  
CASES OF SYPHILIS  
52% increase since 2016



**2,148**  
CASES OF SYPHILIS  
AMONG NEWBORNS  
235% increase since 2016

LEARN MORE AT: [www.cdc.gov/std/](http://www.cdc.gov/std/)





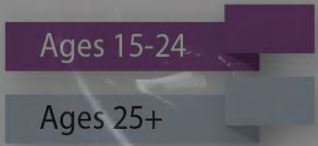
Every year, there are an estimated

**20 MILLION**

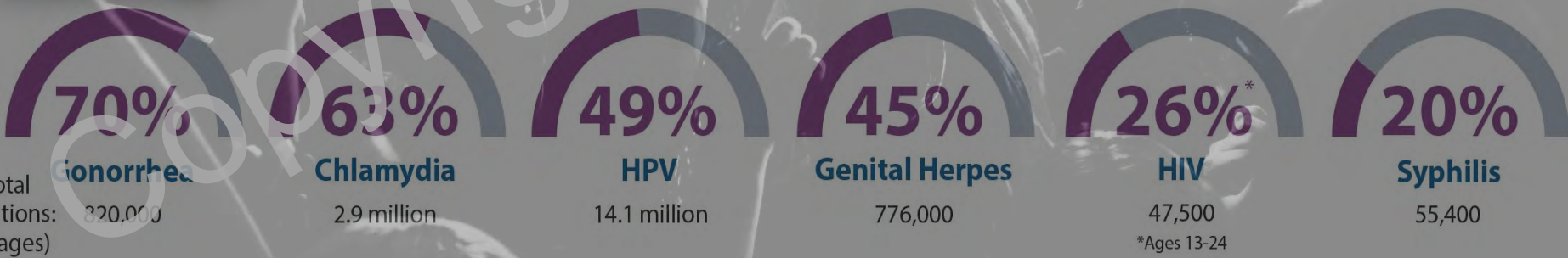
new STD infections in the United States<sup>?</sup>

Anyone who is sexually active can get an STD.

# Sexually active people ages 15-24 account for half (50%) of all new STIs, but they represent just 25% of the sexually experienced population.



Young people account for a substantial proportion of new STIs







# THE LOWDOWN ON HOW TO PREVENT SEXUALLY TRANSMITTED DISEASES

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## Practice Abstinence

The surest way to avoid STDs is to not have sex.



This means not having vaginal, oral, or anal sex.

## Have Fewer Partners

Agree to only have sex with one person who agrees to only have sex with you.



Make sure you both get tested to know for sure that neither of you has an STD. This is one of the most reliable ways to avoid STDs.

## Talk With Your Partner

Talk with your sex partner(s) about STDs and staying safe before having sex.

Let's both get tested together!

Why take a chance when we can know for sure?

It might be uncomfortable to start the conversation, but protecting your health is your responsibility.



# Common Symptoms

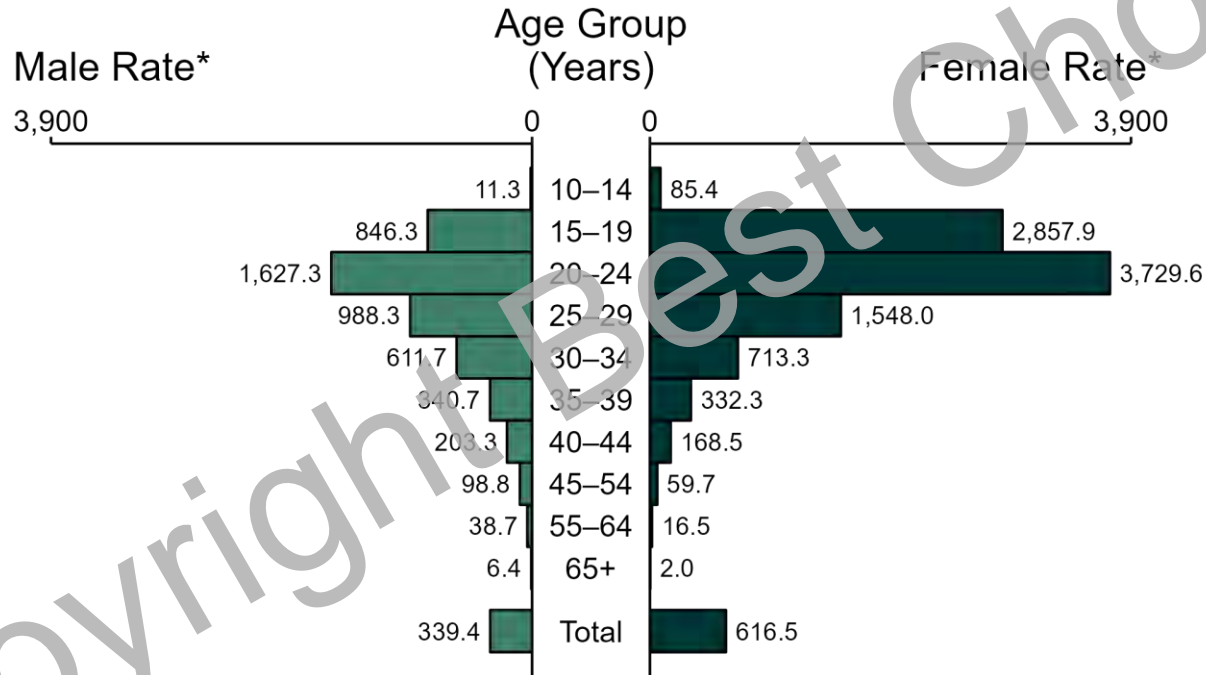
Odd odors, colors, textures, pain during intercourse or urination, odd discharges, blisters, warts, lesions, sores, rashes, flu-like symptoms or internal organ damage

# Common treatments

Antibiotics, antiviral medication,  
laser, or cryosurgery



# Chlamydia — Rates of Reported Cases by Age Group and Sex, United States, 2020

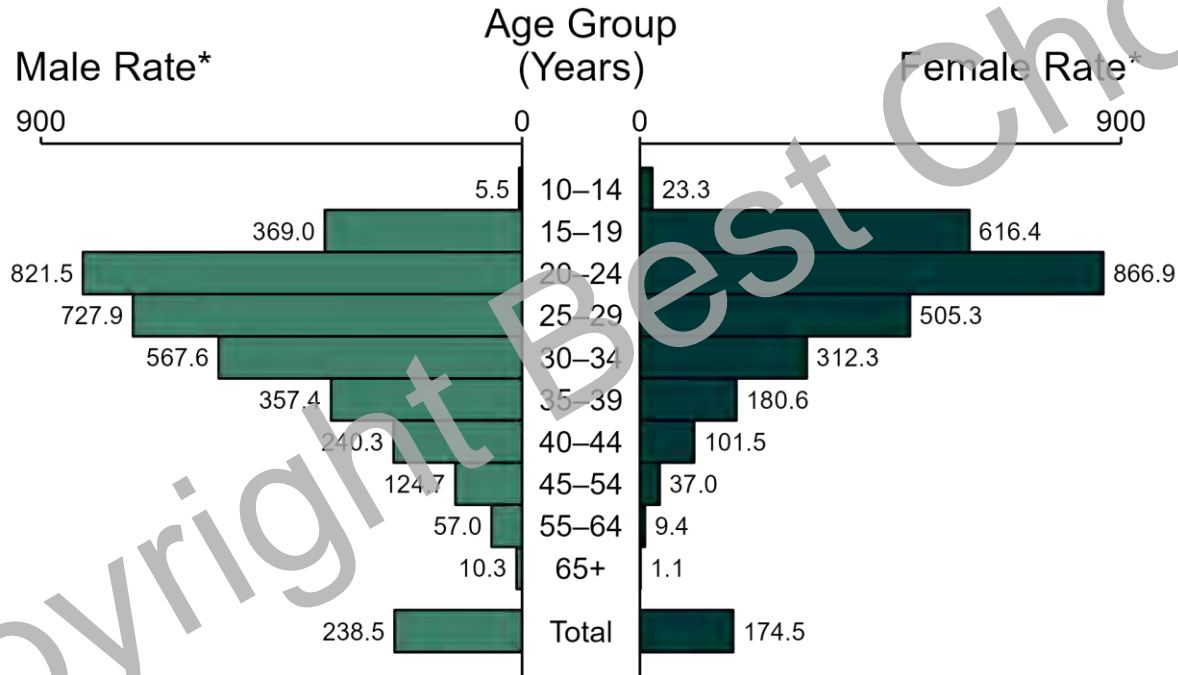


\* Per 100,000

**NOTE:** Total includes all ages.



# Gonorrhea — Rates of Reported Cases by Age Group and Sex, United States, 2020

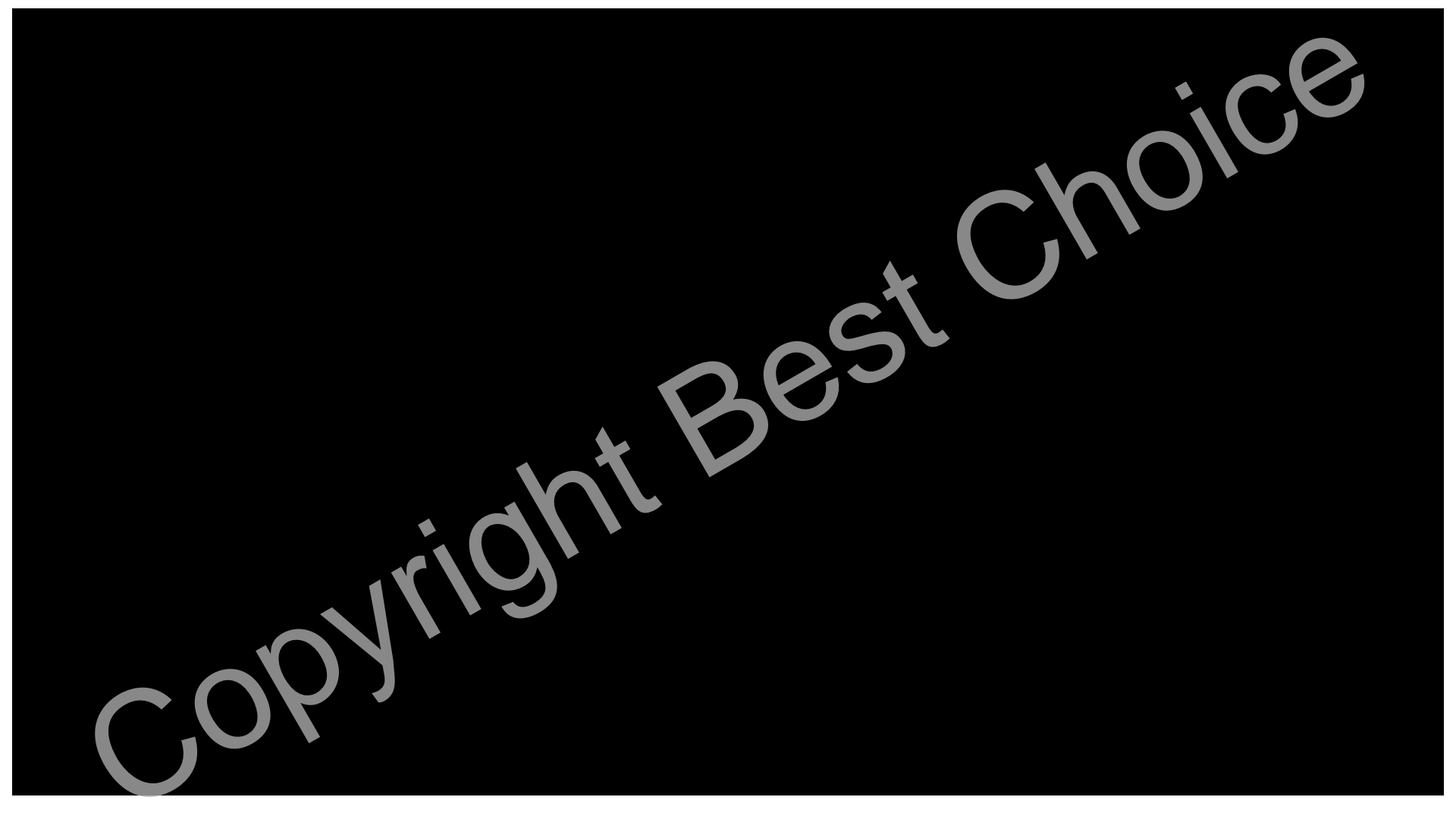


\* Per 100,000

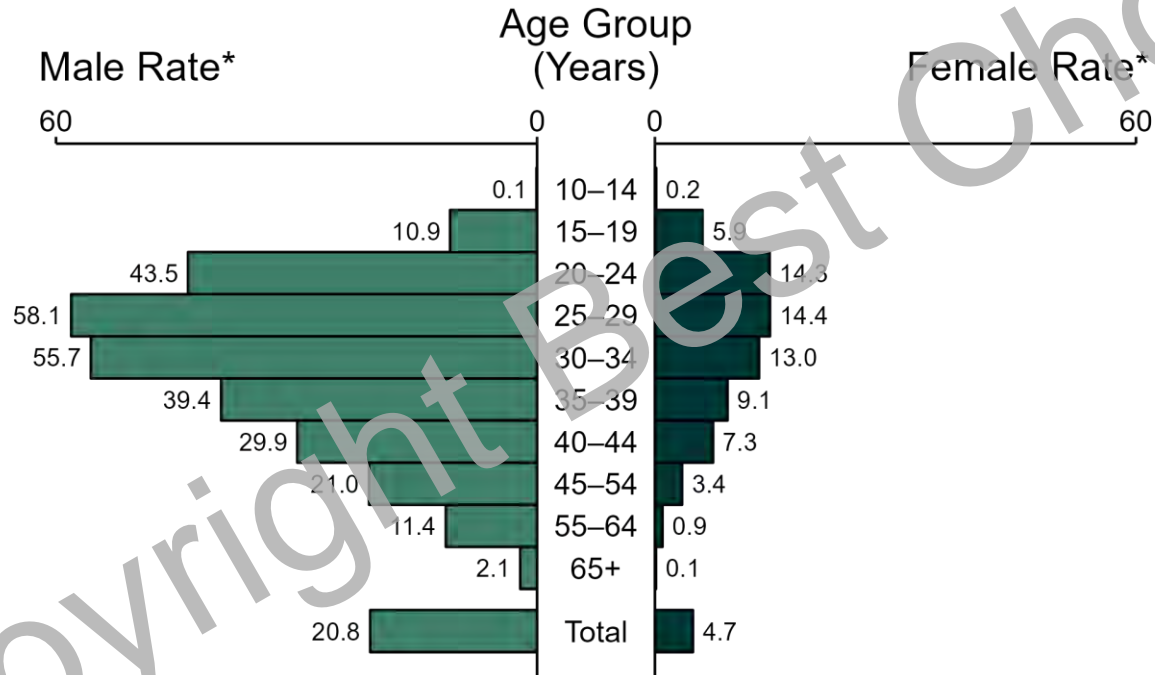
**NOTE:** Total includes all ages.







# Primary and Secondary Syphilis — Rates of Reported Cases by Age Group and Sex, United States, 2020



\* Per 100,000

**NOTE:** Total includes all ages.





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# HOW MANY



# YOU'RE EXPOSED TO

## HOW MANY PEOPLE HAVE YOU REALLY BEEN EXPOSED TO?

**1**  
SEXUAL  
PARTNER



**1**  
PERSON

**2**  
SEXUAL  
PARTNERS



**3**  
PEOPLE

**3**  
SEXUAL  
PARTNERS



**7**  
PEOPLE

**4**  
SEXUAL  
PARTNERS



**15**  
PEOPLE

**5**  
SEXUAL  
PARTNERS



**31**  
PEOPLE

**6**  
SEXUAL  
PARTNERS



**63**  
PEOPLE

**7**  
SEXUAL  
PARTNERS



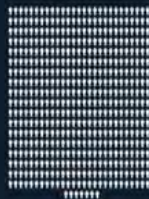
**127**  
PEOPLE

**8**  
SEXUAL  
PARTNERS



**255**  
PEOPLE

**9**  
SEXUAL  
PARTNERS



**511**  
PEOPLE

**10**  
SEXUAL  
PARTNERS



**1,023**  
PEOPLE

*(if every person has the same number of partners as you)*



# TESTING



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ARE YOU SAFE?

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# ABSTINENCE

100% protection against STDs and unplanned pregnancies



1 in 6 births to 15-19  
year olds, are to  
females who already  
have one or more  
babies.

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Only about 50% of teen mothers receive a high school diploma by 22 years of age, versus approximately 90% of women who had not given birth during adolescence.



# THE CONVERSATION

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A photograph of two people standing on a rocky cliffside overlooking a valley. The person on the left has short dark hair, wears a dark green short-sleeved shirt, and has a blue backpack. The person on the right has long blonde hair, wears a brown sweater and blue jeans, and has a camera slung over their shoulder. They are facing each other in conversation. The background features a deep valley with a river or stream, surrounded by green vegetation and rocky terrain under a bright sky.



A close-up photograph of a person wearing a dark blue and white plaid shirt. Their hands are placed over their chest area, with fingers slightly spread. The person is wearing a ring on their left hand and a bracelet on their right wrist. The background is a plain, light-colored wall.

Why do some teens  
choose to have sex?

# WHAT DOES MEDIA SAY ABOUT SEX & RELATIONSHIPS?



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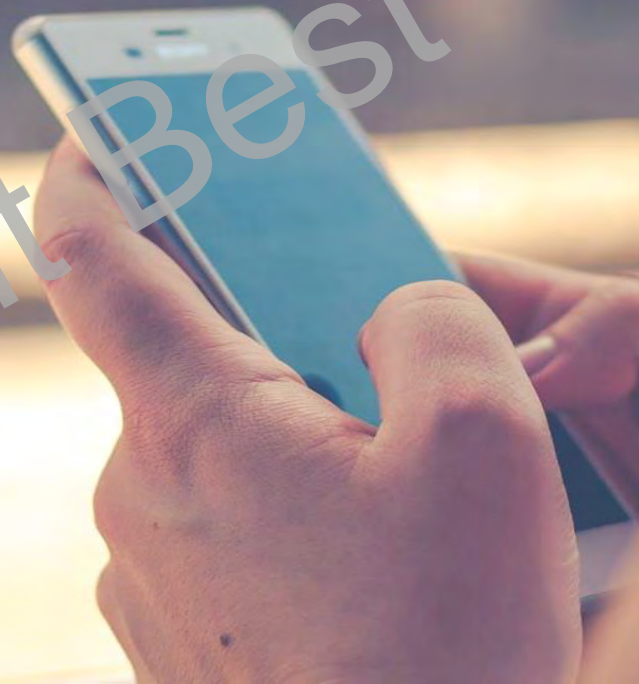
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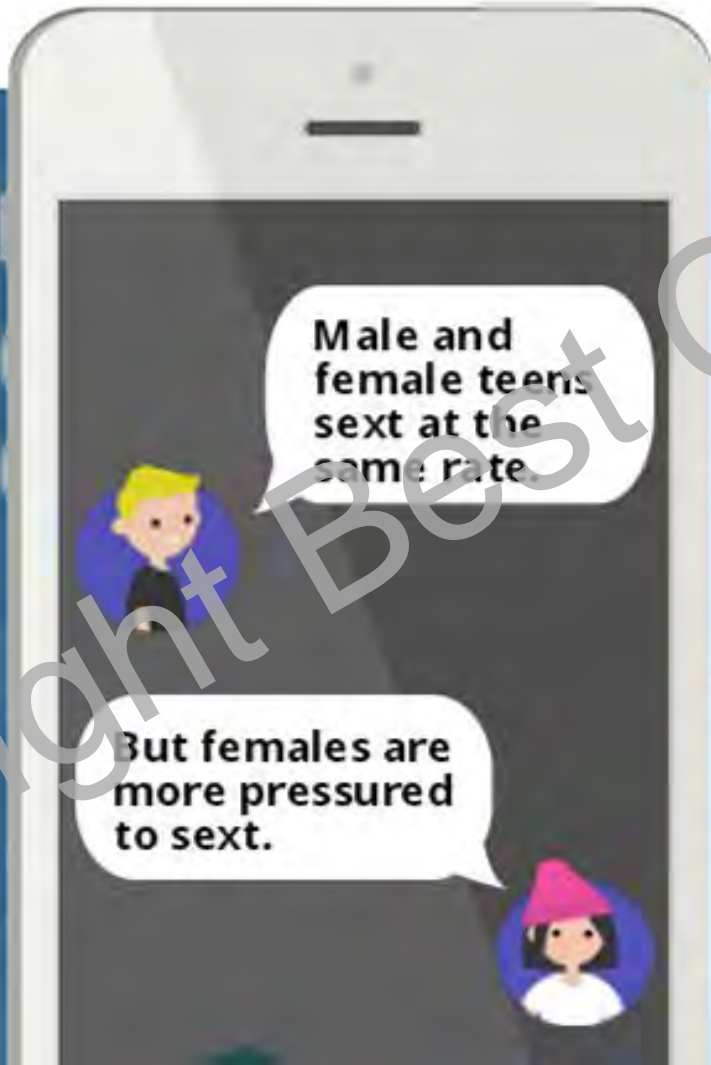
# SEXTING

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# WHAT IS SEXTING?

Sending or getting sexually explicit photos, videos, or messages through your cellphone or online.



Male and female teens sext at the same rate.

But females are more pressured to sext.



Roughly 7 in 10 youth have **felt some pressure to sext** for reasons like making their romantic partner happy or getting someone's attention.

# HOW MANY TEENS SEXT?



27%

I've received a sext.



15%

I've sent a sext.



12%

I've sent a sext from someone else without asking permission.



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# WHY IS IT RISKY?



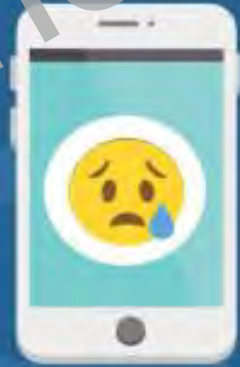
1

Sexting can have legal consequences like child pornography charges or having to register as a sex offender.



2

Online photos live forever and can get into the wrong hands.



3

Sexts can be used to hurt you and be shared without your consent.



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# HOW CAN I PREVENT IT?



Protect yourself and others by not taking sexually explicit pictures or videos.



Speak up when someone makes you uncomfortable with their texts or what they send you.



Respect others by not pressuring them to sext you.

"I don't think that would be good for us."

"I'd rather do other things with you."

"I'm not ready for that yet."



# I RECEIVED OR SENT A SEXT. NOW WHAT?



Delete the picture or video.



Share your concerns with a parent or trusted adult.



Report a sext that was sent to you or shared without your consent to the Cyber Tip Line.





# Sex Trafficking

modern-day slavery that involves the use of force, fraud, or coercion to obtain some type of commercial sex act.

# Sex Trafficking

The average age a girl enters the commercial sex trade is **12-14 years old**. For boys, it's even younger – just **11-13 years old**.

Each year, as many as **100,000 - 300,000 American children** are at risk of being trafficked for commercial sex in the US.

**1 out of 3 teens** will be lured into prostitution within 48 hours of leaving home.



# Sex Trafficking Methods

- Threats
- Kidnapping
- Social Media
- “Boyfriending” or “Girlfriending”
- Blind Date
- Drugging at social events
- Target vulnerabilities
- Too good to be true
- Offer a place to live



# Avoiding Dangerous Situations

- **Don't ignore red flags**
- **Be accountable**
- **Protect your identity on social networks**
- **Meet others and new friends in public places**
- **Be aware of your surroundings: stores, movie theaters, clubs, parking lots, etc.**

# INTERNET SAFETY TIPS

1. Think about what you say and share on the internet. Colleges/universities and jobs can see what you post.
2. Block people that send inappropriate messages.
3. Beware of strangers. It is easy to lie about your identity online.
4. Keep your personal information private.
5. Don't open unknown links or attachments.
6. Report ANY situation, abuse, or activity to an adult you trust.

Set boundaries for yourself before you begin dating  
Communicate those boundaries with your partner

**Respect each other's boundaries**



# CONSENT

IT'S SIMPLE AS TEA

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*Stronger  
Boundaries*

*Fewer  
Regrets*



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